



4TH AVENUE CAFÉ

Lunch Menu

NEW ASIAN VEG STIR FRY 80

Sprinkled with cashew nuts & sesame seeds served with glass noodles **V**
add shredded chicken **95** / haloumi **95** / tofu croutons **95**

NACHOS 80

Smothered in cheese and served with guacamole,
sour cream & spicy salsa **V**

NEW add chicken **110** / add mince **110**

CHICKEN or FILLET PREGO ROLL 90 / 120

Grilled chicken breast / beef fillet served in a Portuguese
roll with our famous homemade creamy prego sauce
and a side of hot chips

CHICKEN LIVERS PERI PERI 75

Chicken livers in a creamy peri sauce served with torn bread

CHICKEN STRIPS & SALAD 90

Spicy lemon & herb chicken strips served with a deconstructed salad
of mini rosa tomatoes, onion, avo, feta & micro leaves

CLASSIC BEEF BURGER 95

100% Beef burger served in a bun with lettuce, cheese, tomato,
gherkin & fried onion with homemade hot chips
with bacon **110** / with bacon and an egg **120**

NEW VEGAN BURGER 130

Homemade patty packed with beans, chickpeas, lentils
and delicious vegetables ingredients
served in a bread roll with a tangy tomato, mustard
burger sauce & a side of hot chips **V**

NEW CLASSIC HOT DOG 50

American style Vienna served with our secret sauce
add fried onions & melted cheese **60**

MINCE ON TOAST 85

Savoury mince served on toasted ciabatta topped
with grated parmesan cheese and micro herbs

CREAMY CHICKEN PESTO PASTA 95

Fresh fettucine served with a creamy chicken pesto sauce

PASTA NAPOLETANA (SPAGHETTI / PENNE) 80

Classic tomato pasta topped with fresh basil and grated parmesan **V**
add cream **85**

FETTUCINE / SPAGHETTI BOLOGNESE 95

Fresh fettucine served with homemade bolognese sauce
& sprinkled with grated parmesan

NEW PENNE PESTO 75

Penne smothered in fresh basil pesto sauce with grated parmesan **V**

NEW SPAGHETTI AGLIO E OLIO 80

Spaghetti served with a fresh chili garlic olive oil & topped
with grated parmesan cheese OR nutritional yeast **V**

NEW SPINACH AND RICOTTA RAVIOLI 85

Ravioli parcels smothered in our signature napolitana sauce
& sprinkled with grated parmesan **V**

PLATE OF HOT CHIPS 40 V

LUNCH SERVED FROM 12 NOON



4TH AVENUE CAFÉ

SALADS

CHICKEN MAYO & PARMESAN SALAD 95

roasted chicken mayo served on salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil & balsamic

NEW MEXICAN SALAD WITH TACO CHIPS 95

Spicy mince, black beans, corn, lettuce, cucumber, mini rosa tomatoes, cheddar cheese, sour cream & taco chips
Half portion: 60

NEW WHITE BEAN SALAD 75

Served with fennel, red onion, radish, zucchini, rocket & avo
add feta + 15 / add tofu croutons + 15 V

CLASSIC CAESAR SALAD 55

Lettuce with parmesan, croutons & anchovy dressing V

NEW add smoked salmon ribbons + 65 / avo + 15 /
grilled chicken, a crumbed poached egg & bacon bits + 40

TUNA MAYO 75

on bed of greens with tomato & avo

SMOKED SALMON 125

Salmon ribbons served with avo, mini rosa tomatoes & crème fraiche

HALOUMI SALAD 85

with micro salad & warm tomato relish V

CRUNCHY SUMMER SALAD 95

Chickpea, corn, celery, radish, red & white beans, avo, peppers,
lettuce, feta, onion & mini rosa tomatoes V

BEETROOT, FETA & AVO SALAD 90

Sprinkled with toasted sesame seeds & citrus vinaigrette V

Open Sandwiches

CHICKEN MAYO with avo, micro salad & parmesan on toasted ciabatta 85

TUNA MAYO with tomato & micro salad on toasted rye 75

SMOKED SALMON with smashed avo, micro salad &
crème fraiche on toasted ciabatta 125

Toasted Sandwiches (Brown, White, Low GI or Ciabatta)

Cheese (Cheddar or Mozzarella or both) 50 / Add avo +15

Cheese & tomato 55 / Cheese, tomato & ham 60

Egg and bacon 55 / Chicken mayo 65 / Chicken mayo, cheese & chili 75

Tuna mayo 65 / Mince 65

Rye surcharge 10

MUFFINS, CAKES & TREATS 35-55

ICE CREAM (FRESHLY MADE ITALIAN GELATO)

Single scoop 37 / Double scoop 60

1l Gelato 275 / 1.5l Gelato 350

COLD DRINKS

BOS Iced Tea 30 / Pomegranate Juice 40

Kombucha 32 / Coke / Coke Light / Coke Zero 25

Freshly Squeezed Orange Juice 45

Freezo-Chino / Freezo-Crush 48

NEW Deluxe Protein Freezo-Shakes (various) 25 / 55

Iced Coffee (Espresso + milk + crushed ice) 40

Gelato Milkshake 60

Still Mineral Water / Sparkling Water 20

OUR FRESHLY ROASTED COFFEE BEANS

1kg 390 / 250g 110 / 12 Pods 110

NB: We use NUTS in our kitchen. V = Vegetarian

Some of the ingredients may not always be available. Kitchen closes at 4pm



4TH AVENUE CAFÉ

Signature Breakfasts

'EXPRESS COMBO' 55

takeaway croissant & regular coffee

'THE ROAD RUNNER' 45

eggs & bacon roll 'on the go' / with a regular coffee 55

MINCE ON TOAST 85

topped with grated parmesan & micro leaves - add an egg 95

SMASHED AVO ON TOAST 60

spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil
add an egg 70

add bacon bits and parmesan cheese 75

on 100% rye - add 10

NEW CURRIED BAKED BEANS ON TOAST 65

Butter beans in a curried tomato & onion relish

Served on toasted ciabatta & sprinkled with grated parmesan
add an egg 75

THE HANGOVER 75

toasted egg, bacon, tomato, chili with cheddar, mozzarella
& grated parmesan

BREAKFAST IN A BOWL 90

spicy tomato, beans, two poached eggs, crispy bacon,
parmesan & ciabatta toast

EGGS BENEDICT 85

poached eggs on wilted spinach with ham
served on an English muffin & drizzled in hollandaise
... single portion 60

SALMON EGGS BENEDICT 135

poached eggs on wilted spinach with salmon served on
an English muffin & drizzled in hollandaise
... single portion 105

FRENCH STACK 75

eggy toast with spicy tomato and bacon topped with grated parmesan

CINNAMON FRENCH TOAST 80

ciabatta soaked in egg & citrus, drizzled in syrup and coated
with cinnamon sugar and topped with berries & cream

'ELVIS STYLE' FRENCH TOAST 90

ciabatta soaked in egg & citrus, topped with fried banana,
bacon & drizzled in syrup

SALMON SCRAMBLED EGGS 125

scrambled eggs, smoked salmon & crème fraiche on choice of toast

CREAMY MUSHROOMS & PARMESAN ON TOAST 75

CLASSIC CRUMPET 35

Crumpet with cheese, spicy tomato, poached egg & ham 65

Crumpet with whipped cream, toasted almonds & syrup 55

Crumpet with berries, almonds, cream & syrup 65

Nutella crumpet 50

ALL DAY BREAKFAST

LUNCH SERVED FROM 12 NOON



4TH AVENUE CAFÉ

Breakfast Menu

FRENCH CROISSANT 34

Add: Grated cheddar & jam 10 /
Scrambled eggs 20 / Bacon (3 rashers) 30

HEALTH

Plain Oats 40 / add fresh fruit, almonds & honey 70
Plain Yoghurt 45 / add fresh fruit, almonds & honey 70
Side of homemade granola 25
Seasonal fruit salad freshly prepared 50

CREATE YOUR OWN:

2 x Eggs: Poached / Fried 25
Creamy scrambled 30
Omelette 35
Extra egg (with a meal) 10
Haloumi 25
Spicy roasted mini rosa tomatoes 15
Sautéed herbed mushrooms 15
NEW Curried baked beans (per spoon) 15
Creamy mushrooms & parmesan 25
NEW Crumbed fried tofu 30
Crispy bacon (3 rashers) 30
Smoked salmon 70
Avo 15

TOAST (Brown, White, Low GI, Ciabatta) 10 (per slice)

Rye - per slice 14

Butter & homemade berry jam 10

Anchovy toast 25 - add sliced tomato and cucumber +10

HOT DRINKS

Flat White / Cappuccino 30
Americano / Piccolo / Cortado 27
Espresso 22
Macchiato 25
Extra Shot of coffee 7
Caffé Latte (Double milk + foam + Espresso) 36
NEW Flavoured Lattes (vanilla / hazelnut) 40
Caffé au Lait (French style XL - double shot + hot milk) 50
Mocha (Espresso + chocolate + milk) 38
Hot Chocolate / Milo 32
Mocha (Espresso + chocolate + milk) 38
NEW Dirty Chai (Chai + shot of espresso) 38
Red Cappuccino (Rooibos espresso + milk + foam) 33
Tea (Five Roses / Rooibos / Earl Grey / Herbal) 25
Soy / Almond / Macadamia / Oat Milk - surcharge 10

COLD DRINKS

BOS Iced Tea 30 / Pomegranate Juice R40
Kombucha 32 / Coke / Coke Light / Coke Zero 25
Freshly Squeezed Orange Juice 45
Freezo-Chino: Slo Jo Cappuccino / Berry OR Mango 45
Iced Coffee (Espresso + milk + crushed ice) 40
NEW Deluxe Protein Freezo-Shakes (various) 25-55
Gelato Milkshake 60
Still / Sparkling Water 20

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